IMPORTANT INFORMATION FOR DR. GUPTA'S CATARACT SURGERY PATIENTS

Be sure to keep this information handy – place it near the fridge or medicine cabinet.

POST-OP INSTRUCTIONS

You should have three bottles of eyedrops:



One drop MOXIFLOXACIN: 4 times a day for 1 week

One drop **DEXAMETHASONE:**4 times a day for 2 weeks, then 3 times a day for 1 week, then 2 times a day for 1 week, then once a day for 1 week.

One drop **KETOROLAC:** 4 times a day for 5 weeks

Continue all your regular eye drops (IF you were using eye drops before your surgery).

WHEN USING EYE DROPS:

Shake bottle before using
Do not touch dropper to eye or eyelids

Wait 5 minutes between drops, if using more than one drop

- 1. Fill prescription for eye drops if you have not already done so. Use the eyedrops only during waking hours.
- 2. DO NOT rub your eye, swim, or immerse your face in water for 2 weeks.
- 3. Tape shield over eye at bedtime and for naps for one week.
- 4. Avoid heavy lifting (over 10 pounds) or straining for one week.
- 5. Refrain from bending forward to avoid striking your head or eye on anything. You may bend over to put on slippers or shoes.
- 6. Avoid being close to small children / pets to protect the eye from accidental trauma.
- 7. Your glasses will not be changed until the eye has healed and stabilized
- 8. It is also normal to feel a mild ache, or a scratchy feeling in your eye. You may use Tylenol and lubricating drops (available over the counter at a pharmacy) to help with this.
- 9. Take one or two plain Tylenol (if you are not allergic) for mild eye pain
- 10. If severe eye pain persists after using Tylenol call the office (905-648-9323) or go to the nearest hospital emergency room
- 11. It is common to see haloes around lights for a few days. It is common for the eyes to be dry/ irritated/ tearing after surgery. Use artificial tears (over the counter) as needed for discomfort for two months after surgery.
- 12. Bring your eye drops, instruction sheet and your glasses to all appointments.

Next Appointments:	
First follow-up appointment:	
Second follow-up appointment:	